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**A Literature Review of Dushi Visha Lakshan****Pavankumar Nagorao Kadam**

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**Abstract:**

*Ayurveda is science of life where as Agdatantra is one of the branch of ayurveda. dushi visha is less toxic poison which accumulate in body for long period. The concept of dushi visha is well explained in susruta samhita. Aim of this article is to study dushi visha lakshan as stated by different acharya's in ayurveda as well as to study concept of dushi visha & importance of dushi visha lakshan*

**Keywords:** Dushi Visha, Dushi Visha Lakshan.

**Introduction:**

*Ayurveda* is the science of human life which mainly deals with physical, psychological as well as spiritual well being of an individual. *Ayurveda* consist of eight branches one of them is *agadtantra* which deals with toxin's, Toxicating condition and method of intoxication. The word *dushi visha* consist of two parts *dushi* which means' denatured or latent and the word *visha* mean's poison. It is also known as latent poison because it's harmful effect observed after long duration. It has low potency so that it cannot cause sudden death. it has less properties than actual ten properties of *visha*. It can produce chronic poisoning symptoms after long duration.

**Aim:** To elaborate *dushi visha lakshan* from *ayurvedic* literature.

**Objectives:**

- 1) To study concept of *dushi visha*.
- 2) Literature study of *dushi visha lakshan* from different *ayurvedic* texts.
- 3) To study the importance of *dushi visha lakshan*.

**Materials:**

- 1) *Ayurvedic* literature like *samhita*.
- 2) Modern literature on *dushi visha* (Cumulative Poison).
- 3) Journal's, Pervious articles, Websites.

**Methods:**

- 1) **Charak samhita:** According to *Acharya Charak dushi visha* mean's a poison produce harmful effect after prolonged period. *Charak* describe *dushi visha lakshan* in *charak chikitssthana* chapter no. 23/31.

**Dushi Visha Lakshan :** *Pitika, Kotha, Kitibha*, by involving *Rakta Dhatu*.

**2) Susruta Samhita :**

According to *susrata dushi visha* is a type of poison originating from inanimate, animate or any artificial poison retained in body after partial expulsion or which has provisionally undergone detoxification by Anti-Poisonous Drug, Forest Fire, Wind, Sun, Water termed as *dushi visha*.

*Susruta* describe *dushi visha* in *susruta samhita kalpsthana* chapter No. 2/25-26.

**Dushi Visha Purvarupa :-** *Nidra, Gurataw, Vijrambhana, Sandhi, Shithilata, Angmard.*

**Dushi Visha Lakshan According To Site :**

❖ **Amashaya (Stomach) :**Due to derangement of humor's *Kapha* and *Vata*.

*Vaman* (Vommiting), *Murccha* (Vertigo), *Swarvikarti* (Difficulty In Talking).

❖ **Pakwashya (Intestine) :**Due to derangement of humor's *Pitta* and *Vata*.

*Trishana* ( thrist), *Kas, Jwar* (Fever), *Atisar* (Diarrhea), *Daha*(Burning Sensation), *Tam - Pravesh*.

**3) Astanga - Samgraha :** *Vagbhata* define *dushi visha* same as *susruta samhita*. *Dushi visha lakshan* describe in *astanga - samgraha uttarsthana* Chapter No. - 40.

**Dushi Visha Lakshan :**

*Trishana* ( thrist), *Vaman* (Vommiting), *Murccha* (Vertigo), *Swarvikarti* (Difficulty In Talking), *Arochak* (Anorexia nervosa), *Ardit* (Facial Paralysis), *Dushodar, Atisar* (Diarrhea). *Astanga- Samgrahakar* also mention *dushi visha lakshan* according to site same as *susruta samhita*.

**Discussion:**

*Astangahardyam* explain *dushi visha* same as *Astang samgraha* in *uttarsthan* chapter No. 35. *Bhavaprakas* explain *dushi visha* in *madhyamkhand* chpter No. 67 with more characteristics of *dushi visha* like *vigandha* (odorless or having bad smell), *Vairasya* (Anorexia). *Bhavaprakas* also explain *prakopak dushi visha lakshan* as follows:

*Arochak, Kotha, Mandal, Shotha, Murccha, Chardi, Atisar, Trishana, Jawar, Shaws*. *Yog Ratnakar* describes *dhatugat dushi visha lakshan* more prominently in *uttarardh - vishadhikar*.

*Brahmighaturatnakar* in his sixth part of book chapter name *visharog* explain two types of *dushi visha*.

**1) Karatrim :**

Which is produced due to poisonous substance.

**2) Gar :**

Which is produced due to combination of two non- poisonous substances.

**Conclusion:**

Concept of *dushi visha* explained by *Charak, Susruta, Vaghbata, Bhavaprakas, Yogratnakar, Brahmighaturatnkar*. *Dhatugat dushi visha lakshan* explained by *Susrata, Vaghbata, Yogratnakar*. *Brahmighaturatnkar* explained two types of *dushi visha*-

1) Karatrim.

2) Gar.

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